

**SOUTHWEST OHIO INDOOR TIME TRIAL SERIES**  
**RESULTS - 13 Dec 2009**

<b>FIRST NAME</b>	<b>LAST NAME</b>	<b>AGE GROUP</b>	<b>FINISH TIME</b>	<b>AVG MPH</b>	<b>PEAK MPH</b>	<b>AVG WATTS</b>	<b>PEAK WATTS</b>
ADAM	KRUSE	19-29	14:46.8	25.17	31.04	377.64	644
SHAYNE	DILLINGER	40-49	14:58.8	24.84	31.72	378.43	685
KYLE	LYMAN	19-29	15:02.5	24.73	29.62	383.06	859
DAN	WAITE	50-59	15:30.5	24.00	31.46	354.84	502
DAVID	BENNER	50-59	15:32.2	23.95	30.42	352.97	623
PAUL	ROUSE	60-69	15:58.6	23.29	29.38	303.75	500
STAN	HUFFMAN	40-49	16:04.1	23.15	30.48	309.57	524
ALEX	KASZYNSKI	19-29	16:05.5	23.12	27.78	310.56	535
RYAN	FOGLE	19-29	16:15.1	22.89	31.58	309.89	492
SHAYNE/HA	DILLINGER	40-49	16:25.3	22.65	30.08	374.21	581
EMILY	WALLING	19-29	16:36.3	22.41	27.34	272.09	587
ALEX	OKOLISH	19-29	16:38.6	22.35	27.46	270.89	476
TERRA	KIER	19-29	16:40.8	22.32	30.58	254.5	557
DAN	MCCARTY	40-49	16:44.5	22.23	27.72	302.09	627
GEORGE	COLLINS	40-49	16:52.6	22.05	30.66	293.13	493
SHANE	BRENNER	30-39	16:52.7	22.04	25.9	297.04	568
JOHN	DALLMAN	50-59	16:57.6	21.94	28.14	303.85	437
MATT	BOLE	30-39	16:57.8	21.93	28.68	288.8	673
KIPP	SILBER	15-18	17:04.4	21.79	27.56	248.62	514
CRAIG	SILBER	50-59	17:12.6	21.62	27.78	262.08	421
RICK	TOLER	50-59	17:14.4	21.58	28.16	243.83	760
DON	BILL	50-59	17:29.5	21.27	25.52	274.12	582
NATHAN	DENTON	15-18	17:31.9	21.22	25.54	243.41	494
KIPP	SILBER	15-18	17:37.0	21.12	26.56	232.14	477
CHRIS	GUSTIN	30-39	17:50.8	20.85	27.98	235.8	583
SCOTT	BACKER	40-49	18:05.8	20.56	28.26	273.61	564
NATHAN	DENTON	15-18	18:06.3	20.55	24.66	239.68	518
MARK	CROUCH	50-59	18:13.9	20.41	27.6	270.48	826
CJ	RANKEY	19-29	18:15.5	20.38	29.48	234.76	505
GREG	HICKEY	40-49	18:24.7	20.21	28.44	247.26	618
CAMERON	POOLE	30-39	18:31.8	20.08	26.02	250.4	567
MARK	WHITT	30-39	18:32.0	20.07	26.86	225.69	429
STEPHANIE	HYATT	40-49	18:41.8	19.91	23.72	212.27	461
DALE	GRIGGS	60-69	18:43.6	19.86	25.4	234.35	391
DENNY	MURRAY	50-59	18:45.9	19.83	26.78	221.09	329
DAVID	BURNS	19-29	18:46.5	19.81	25.52	300.7	491
JEFF	DENTON	30-39	18:58.7	19.6	26.04	228.43	481
LORNA	WATERS-TELLEZ	40-49	19:00.2	19.58	25.12	209.18	417
MIKE	CORDONNIER	40-49	19:01.6	19.55	27.7	222.25	407
DAVE	PLACKE	30-39	19:14.4	19.34	24.94	237.17	489
RON	BROWER	60-69	19:32.8	19.03	25.28	209.76	338

SUSIE	STEIN	40-49	19:43.8	18.86	24.42	194	320
RICHARD	ROETTKER	50-59	19:53.3	18.71	24.02	209.67	564
JOSEPH	RIPPE	30-39	20:17.9	18.33	25.44	253.35	690
JEANETTE	SHIRES	40-49	20:18.7	18.32	22.66	192.41	293
JOAN	CORDONNIER	40-49	21:19.5	17.45	23.86	178.28	304
GEANIE	HELFRICH	40-49	21:47.3	17.07	23.18	176.08	271
ROY	SIGRITZ	60-69	22:00.2	16.91	24.52	194.43	414
JENNY	CALLAHAN	40-49	22:04.9	16.85	21.66	160.05	374
NAOMI	TELLEZ	10-14	22:11.5	16.76	22.7	155.98	447
ANGIE	BILL	50-59	22:40.9	16.4	20.44	140.29	211
JULIE	ROETTKER	50-59	22:43.2	16.37	21.38	137.63	254
NANCY	KNICKERBOCKER	40-49	22:50.4	16.29	21.42	152.26	320
HEIDI	RIFFLE	30-39	23:14.9	16	23.68	153.81	395
PETE	CHRONIS	60-69	24:35.3	15.13	19.42	193.98	382
MELISSA	HICKEY	40-49	25:16.6	14.72	19.42	131.46	287
BILL	ANDERSON	50-59	59:59.9	9.46	27.02	100.8	601