

## Southwest Ohio Indoor Time Trial Series

### RESULTS - Jan 11, 2009

|            |             | Finish  | Avg   | Peak  | Avg    | Peak  |          |
|------------|-------------|---------|-------|-------|--------|-------|----------|
| FIRST NAME | LAST NAME   | Time    | MPH   | MPH   | Watts  | Watts | Category |
| KYLE       | LYMAN       | 15:09.3 | 24.55 | 30.64 | 358.23 | 761   | 19-29    |
| DAN        | WAITE       | 15:37.0 | 23.82 | 31.94 | 348.56 | 553   | 50-59    |
| CHRIS      | SLONE       | 15:55.5 | 23.36 | 30.4  | 325.27 | 517   | 19-29    |
| SHANE      | DILENGER    | 15:56.7 | 23.33 | 29.72 | 321.83 | 689   | 40-49    |
| MATT       | UNGERLEIDER | 16:08.4 | 23.05 | 28.64 | 351.44 | 619   | 40-49    |
| PAUL       | ROUSE       | 16:16.2 | 22.87 | 27.02 | 300.61 | 544   | 50-59    |
| NICK       | WAITE       | 16:24.7 | 22.67 | 28.92 | 309.34 | 436   | 19-29    |
| GRAEME     | HENDERSON   | 16:35.2 | 22.43 | 27.86 | 318.95 | 676   | 40-49    |
| JIM        | DENEDY      | 16:35.6 | 22.42 | 28.16 | 332.34 | 616   | 40-49    |
| MITCH      | BECKNER     | 16:38.8 | 22.36 | 28.36 | 277.76 | 442   | 40-49    |
| DON        | BILL        | 16:41.4 | 22.29 | 27.26 | 284.61 | 452   | 50-59    |
| JOHN       | FARRIS      | 16:43.3 | 22.25 | 28.18 | 296.72 | 828   | 30-39    |
| BRYAN      | HELLARD     | 16:43.7 | 22.25 | 27.36 | 289.32 | 558   | 30-39    |
| JAHAN      | CULBRETH    | 16:46.7 | 22.19 | 27.26 | 322.63 | 629   | 40-49    |
| TIM        | DEMATTIO    | 17:02.5 | 21.83 | 28.26 | 318.37 | 551   | 40-49    |
| STEVE      | MAYS        | 17:02.9 | 21.82 | 28.62 | 272.89 | 582   | 40-49    |
| DAVE       | DALSTROM    | 17:09.7 | 21.68 | 27.06 | 223.92 | 376   | 30-39    |
| JAMIE      | RADDIN 2    | 17:11.4 | 21.64 | 26.4  | 303.55 | 699   | 30-39    |
| JAMIE      | RADDIN      | 17:26.0 | 21.34 | 26.78 | 293.34 | 770   | 30-39    |
| BILL       | JIVIDEN     | 17:42.8 | 21    | 29.36 | 277.01 | 623   | 40-49    |
| GARY       | HICKEY      | 17:44.8 | 20.96 | 28.08 | 241.47 | 520   | 60-69    |
| DAVID J    | RICH        | 17:49.2 | 20.88 | 27.18 | 259.46 | 601   | 15-18    |
| MEGHANN    | NELLES      | 18:04.2 | 20.59 | 27.44 | 196.32 | 406   | 30-39    |
| KIPP       | SILBER      | 18:06.4 | 20.55 | 24.62 | 207.93 | 346   | 10-14    |
| TERRA      | KIER        | 18:19.2 | 20.31 | 26.28 | 210.95 | 368   | 19-29    |
| STEPHANIE  | HYATT       | 18:38.2 | 19.96 | 24.44 | 216.58 | 351   | 40-49    |
| TERRA      | KIER 2      | 18:44.3 | 19.86 | 24.88 | 202.07 | 350   | 19-29    |
| DAVID      | BENNER      | 18:47.9 | 19.79 | 26.12 | 256.94 | 489   | 50-59    |
| ANTHONY    | ALLEN       | 18:53.8 | 19.69 | 24.6  | 229.18 | 534   | 40-49    |
| KARL       | SCHROEDER   | 18:57.2 | 19.63 | 28.6  | 238.7  | 716   | 30-39    |
| RODNEY     | FREUHAUF    | 18:57.4 | 19.62 | 23.62 | 267.07 | 495   | 50-59    |
| RUTH       | KOHSTALL    | 19:44.6 | 18.84 | 26.52 | 186.85 | 470   | 50-59    |
| DAVE L     | RICH        | 19:46.2 | 18.82 | 24.44 | 254.08 | 571   | 50-59    |
| PAUL       | LABBE       | 19:52.7 | 18.71 | 25.16 | 202.44 | 402   | 50-59    |
| NATHAN     | DENTON      | 20:00.2 | 18.6  | 27.24 | 201.57 | 710   | 15-18    |
| SCOTT      | BACKER      | 20:05.6 | 18.51 | 27.52 | 227.46 | 528   | 40-49    |
| KAREN      | WINES       | 20:15.0 | 18.37 | 24.2  | 186.04 | 376   | 30-39    |
| GEORGE     | COLLINS     | 20:20.9 | 18.28 | 27.5  | 230.72 | 494   | 40-49    |
| RICK       | KITCHEN     | 20:35.5 | 18.07 | 24.26 | 231.23 | 590   | 50-59    |
| RICK       | HASLER      | 20:39.3 | 18.01 | 23.74 | 227.16 | 454   | 50-59    |

|        |               |         |       |       |        |     |       |
|--------|---------------|---------|-------|-------|--------|-----|-------|
| LORNA  | WATERS-TELLEZ | 20:49.0 | 17.87 | 26.96 | 166.37 | 450 | 40-49 |
| DEAN   | HERTERT       | 21:28.8 | 17.32 | 24.24 | 201.43 | 470 | 60-69 |
| LINDA  | EDWARDS       | 21:48.8 | 17.05 | 23.04 | 164.14 | 334 | 50-59 |
| T.A.   | PARTHASARATHY | 21:59.7 | 16.91 | 23.5  | 177.96 | 358 | 50-59 |
| GEANE  | HELFRICH      | 22:41.3 | 16.4  | 22.76 | 163.54 | 361 | 40-49 |
| GLENDA | HICKEY        | 22:47.5 | 16.32 | 23.08 | 145.48 | 345 | 30-39 |
| ANGIE  | BILL          | 24:49.7 | 14.98 | 17.92 | 126.8  | 225 | 50-59 |
| BOB    | MYERS         | 25:23.2 | 14.65 | 21.74 | 165.18 | 341 | 50-59 |
| DAVID  | BENNER        | 59:59.9 | 14.18 | 25.3  | 180.07 | 455 | 50-59 |